



Farming comes with unique pressures.

We provide free access to trained listeners for farmers and farm families.

Farming — it's a tough job.

Farming demands an incredible commitment of time, work, and heart.

There are times the pressure can be overwhelming, and that's normal.

For those times you just need to talk it through, Farm Dog connects you with trained stress coaches: Confidential, without judgment, accessible from anywhere you are.

- > **Call or Text:** 1.515.435.6494
- > **Email:** schedule@atrustedear.org
- > **Online:** ATRustedEar.org



Farmer Stress Health Care

Free. Confidential. Set by You.

Our professional staff are uniquely trained to counsel farmers. Try a session by call, text, or telehealth from the truck, tractor, or family table. We're working to make it easier for farmers and their families to find confidential support when they need someone to listen.

How can you help?

DONATE



Support more free care.



Become a partner.



Buy a shirt.

Know someone who could use a chat?

Refer a customer, a neighbor, or a family member. If you don't think they'll reach out, request permission to submit their information:

atrustedear.org/referral



FarmDog



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